



March 2020

Dear Friends,



In the last three months, the lives of countless people around the world have been turned upside down by the spread of COVID-19, commonly called the Coronavirus. This respiratory illness, which began in China, has now seen infection spread to more than 85 countries.

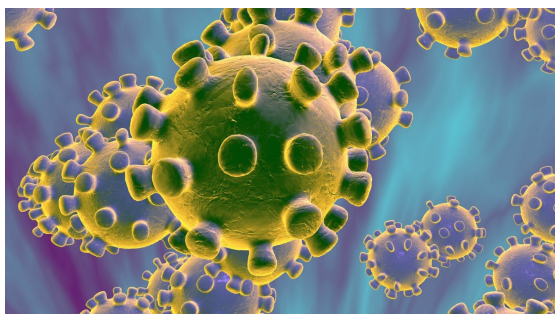
Louisville physicians, nurses and other health care staff are preparing for the continued spread of this disease with an increased awareness of respiratory illness symptoms, the use of protective equipment, and good hygiene practices.

Please maintain awareness of your own health, as well as that of your peers and loved ones. If you exhibit signs of respiratory illness (fever, severe cough, difficulty breathing), contact your primary care physician to learn the next steps you should take. For more information about how you can protect yourself and fight the spread of

this disease, the link below which will take you directly to the Center for Disease Control's website.

Thousands of physicians and scientists are closely examining the disease, and vaccine trials are rumored to begin in April. Until a cure is found, we must work together to maintain the health of our community and our loved ones. Thank you for your care and consideration

Peace and Blessings,
Muhammad Babar MD, MBA, MSc



Stay Aware of the Corona-Virus Situation

As the Coronavirus Disease 2019 (COVID-19) continues to spread, Doctors for Healthy Communities will keep our audience aware of important developments in relation to the virus. Please visit the Center for Disease Control's web page to learn more about the situation as it pertains to the United States and risk assessment in regards to potential outbreaks.

[Visit the CDC's Page Here!](#)

**Dr. Babar Speaks at UofL's
Grand Rounds**

DHC President Muhammad Babar, MD, spoke to University of Louisville students on Friday, February 21 during their weekly Grand Rounds. We're delighted to have Dr. Babar spreading the good word of compassion in the community.

Pictured are KMDA Board Member Waqar Saleem, MD, Amy Varner APRN, KMDA Board Member Laura Morton, MD, KMDA Board Member Christian Furman, MD, Dr. Babar and Patrick Murphy, MD.



DHC Partners with Sukoon Welfare Organization in Pakistan

Doctors for Healthy Communities is supporting Sukoon Welfare Organization in Pakistan to improve population health for those in need. Dr. Waseem Ahmad from Iowa is a volunteer and coordinating the operations.

Sukoon Welfare Organization is registered in the Faisalabad district and responsible for support of an orphanage for housing, food and school needs.

[Read more and view photos](#)

DHC Supports Free Clinic in Daska, Pakistan

Doctors for Healthy Communities is supporting the free clinic "Amanullah Sahi Dispensary" in Daska, Pakistan with the help of their volunteer, Dr. Bilal Ahmed in the United States.

Their manifesto is to provide free of cost basic health care. This includes free consultation and a three day supply of medications. The clinic is now providing vaccinations and some nutritional support to pregnant mothers and children under 2 years of age.

[Read more and view photos](#)



Camp Taylor Elementary School Had Successful Blessings in a Backpack Day and School Physicals

Thank you to all the staff and students at Camp Taylor Elementary School for making our Blessings in a Backpack and School Physicals

Events such a success!



Top Left: Our nurses, staff and faculty were fantastic volunteers for our school physical event.

Bottom left: A great group of students helped DHC's February Blessings in a Backpack event become a huge success.



DHC Visits 2020 Physicians Day at the Capitol

DHC was proud to visit Frankfort for Physician's Day at the Capitol. So many physicians traveled to make their voices heard on health care.

Dr. Muhammad Babar and Dr. Waqar Saleem were among those who chose to go and speak directly to legislators about health care policy.



HELP OUT KIDS AT CAMP TAYLOR ELEMENTARY!

*DHC & MAC ARE ASKING FOR YOUR
SUPPORT IN DONATION OF
HYGIENE AND NUTRITIONAL SUPPLIES.*

The Kids at Camp Taylor need:

Hygiene Items

- *Floss, floss pics and toothbrushes
- *Toothpaste and mouthwash
- *Soap or shower gel for children
- *Shower caps
- *Lotion (for dry skin or containing conditioning moisturizers)
- *Sanitary napkins and tampons (all sizes)
- *Shampoo and conditioner
- *Brushes and combs
- *Panties and briefs (all sizes)
- *Deodorant

Nutritional Resources

- *Instant Oatmeal Packets
- *Nut-free granola bars or breakfast bars
- *Cold cereal (one serving containers/bowls)
- *Fruit cups
- *Fruit snacks
- *Animal Crackers
- *100% Juice Boxes/small bottles

Please bring donations to :
Camp Taylor Elementary School
1446 Belmar Dr., Louisville, KY 40213

For more information, call (502) 313-4427
Thank you for your support!

Donate to DHC Here!

Doctors for Healthy Communities | 2107 Twin Hill Road, Louisville KY 40207
dhcus.org@gmail.com | www.dhcus.org

STAY CONNECTED

