

April 2020

Dear Friends,

Our lives have been upended by the unceasing spread of COVID-19. Health care workers are putting their lives on the line every day to save the less fortunate and protect our communities.

DHC has assisted wherever we're able, by providing food to those on the front line and by giving donations to those less fortunate. You'll see that reflected in the stories we share below.

Please continue to stay safe. Practice social distancing and good personal hygiene. Together, we will overcome the perils of today and enjoy a greater tomorrow.

Peace and Blessings, Muhammad Babar MD, MBA, MSc



UP and DHC have partnered to provide

# SUPPLIES FOR WOMEN & CHILDREN

Up for Women & Children is a healthy, safe environment for homeless women and childrenthat provides comprehensive services: a safe space, showers, laundry, access to a restroom, phone, mailing address, help obtaining vital documents and case management.

In the midst of COVID-19, UP is asking for donations of snacks, tarps and sanitary wipes.

To donate, please contact <u>dhcus502@gmail.com</u> or direct funds to <u>bit.ly/DonationstoUP</u>.

Thank you for your support!

## Dr. Babar Pens Opinion Article on COVID-19

Dr. Muhammad Babar has been active over the last several weeks, providing compassion

and health care thoughts across multiple platforms. He recently had an opinion article published in the Courier-Journal titled: *In the Coronavirus Fight, Health Care Workers Risk Their Lives to Save Others.* 

Thank you Dr. Babar for your activism! Please enjoy the full article at Courier-Journal.com.

### Louisville Mayor Greg Fischer Hosts Talk on Health & Compassion

DHC President Muhammad Babar, MD, spoke with Louisville Mayor Greg Fischer and several leaders in health care about the challenges of caring for people in this trying time.

Click for a message of compassion from Dr. Babar.

The whole conversation is available here.

Also available is a conversation on faith with leaders of various religions across the region. That great conversation is available to watch here.



Visit www.dhcus.com to see more photos.

#### Blessings in a Backpack is More Important Now Than Ever Before

DHC continued supporting Blessings in a Backpack in BlueLick Elementary School and Knight Middle School despite the threat of COVID-19. Both schools have kids who need supplemental food, and its a great cause to assist. Due to COVID-19, everyone made sure to follow social distancing and use necessary hygiene precautions.

#### DHC Provides Lunches for Physicians Across the Region

To show our doctors, nurses and health care staff how much we care for them, DHC has been providing lunches across the region since the COVID-19 pandemic began.

Enjoy the links below for our outreach to different hospital systems!

Facility Lunches: April 3

Baptist Health: April 4

300 Norton Staff: April 4

Baptist Floyd: April 7





Doctors for Healthy Communities | 2107 Twin Hill Road, Louisville KY 40207 dhcus.org@gmail.com | www.dhcus.org

#### STAY CONNECTED

